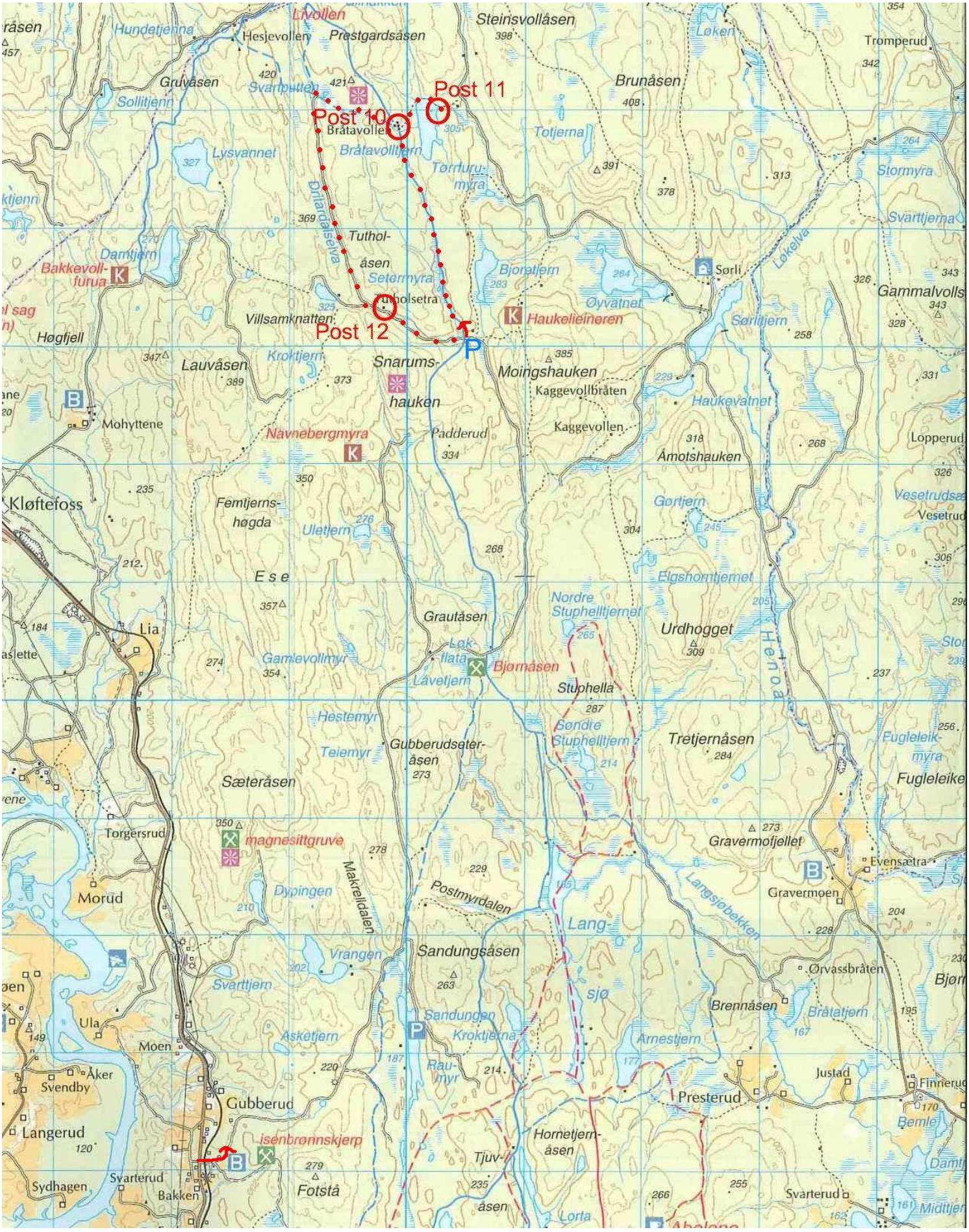Månedens post 10 - 11 - 12